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Kean Counseling Center

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Kean Counseling Center

Abstract

At this time, all on-going services are conducted virtually, except in the instance of an urgent matter at the discretion of the counselor.

When a student makes an appointment for an initial screening, that student will meet virtually with a counselor and will have an opportunity to discuss the issues that are of most concern. The counselor will perform an assessment, determining the appropriate level of care to address the student's needs.

Individual and/or Group Therapy

- Individual counseling affords the opportunity to speak with a trained clinician (either a licensed professional or a graduate-level supervisee) who will listen to you without judgment or criticism, help you identify your goals and then work with you to help you make changes in your life.
- Group counseling is also led by a trained clinician, and has the added benefit of having other group members who share some of your concerns and can offer support and feedback from a peer perspective.
- Students are recommended for individual and/or group counseling based on their particular need.

Psychiatric Evaluation and Medication Management

- When indicated, a student may be referred for a consultation with a psychiatrist to assess the student's appropriateness for medication, provide information, answer any questions the student may have and prescribe medication if indicated.
- Psychiatric services are only available for students who are actively involved in ongoing treatment with one of our counselors.

Keywords

Kean Counseling Center



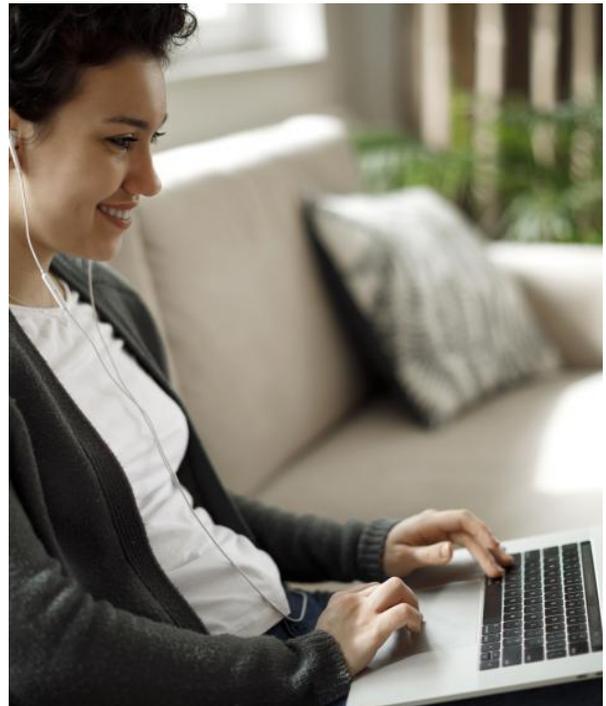
Weather Alert

Due to the impending storm and the State of Emergency recently declared by Gov. Murphy, all classes on the main campus and Kean Skylands are canceled beginning at 7 p.m. tonight. All classes also will be canceled tomorrow, Tuesday, October 26, and nonessential personnel should not report to campus. Kean Ocean students should visit the Ocean County College website [for information regarding any class cancellations.](#)

Kean Counseling Center

Services

The Kean Counseling Center offers short-term mental health services to enrolled students of Kean University at no additional cost.



Getting Started

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Kean Counseling Center

Counseling Center Services

Counseling Center Staff

Free Online Mental Health Screening 

Mental Health Education, Outreach and Consultation

Mental Health Resources

Contact Us:

Business Hours

Hours of Operation

Mon, Thur, Fri (9:00 a.m. - 5:00 p.m.)

Tues and Wed (9:00 a.m. - 7:00 p.m.)

Telephone: [\(908\) 316-8217](tel:9083168217)

Email: counseling@kean.edu

Our Offices:

[Office of Accessibility Services](#)

[Office of Alcohol and Other Drug Services](#)

Kean University

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Union, New Jersey 07083

908-737-KEAN (5326)

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The Office of Counseling, Accessibility, Alcohol...

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