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Recipes for Sugar Cakes, Loaf Cakes, and Soap, circa 1700s

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Four hours; and then the soap was taken out, wiped clean
dry. The next day it was weighed, when the produce appeared
nine pounds two ounces, of good solid soap, from the mater-
ials before mentioned. What the loss of weight may be
is thoroughly dry, must be ascertained hereafter; but I have been informed
who made the trial, that at the end of six weeks it was very trifling

Sugar cakes

1 Table Spoon Butter, 1 ditto milk, 2 ditto sugar,
1 teaspoonfull pearlash, as much flour
as will make it into a paste not too stiff.

Loaf Cake, —

1 Pint Milk heated sufficiently to melt
6 Oz. Butter beat 2 Eggs with 7 Oz Sugar
1 Spoonfull yeast mix in those ingredients
when it has risen